

# June 6 - 9 @ NCAA Championships

# **Drake University, Des Moines, Iowa**

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# WSUTRACK & FIELD 2012 OUTDOOR SCHEDULE

#### March

17 @ SCC Dusty Lane Open, Spokane

23-24 @ USCTrojan Invitational31 @ UCLA & Tennessee Duals

# April

2-3 @ UCSB Sam Adams Multis 6-7 @ Stanford Invitatational

7 @ SCC WAR V, Spokane

21 COUGAR INVITATIONAL, PULLMAN

28 WSU VS. WASHINGTON DUAL MEET, PULLMAN

#### May

5-6 @ Pac-12 Combined Events Championships, Eugene

6 @ Vandal Jamboree, Moscow

12-13 @ Pac-12 Championships, Eugene

24-26 @ NCAA Championships Preliminary Rounds, Austin

# June

6-9 @ NCAA Championships, Des Moines, Iowa

June 22-July 1 @ USATrack & Field Olympic Trials, Eugene

#### **EIGHT COUGARS HEADED TO NCAA CHAMPIONSHIPS**

Washington State women's team will have seven athletes competing in three events, and the WSU men's team will one competitor at the NCAA Track & Field Championships, June 6-9, at Johnny Bright Field & Jim Duncan Track in Drake Stadium on the Drake University campus in Des Moines, lowa...competition begins in late afternoon (Central Time) each day except Saturday when a late morning start is scheduled...**ALL COUGARS COMPETE WEDNESDAY, JUNE 6** in either finals or semilfinals...the finals for the women's 400m is Friday and the final for the women's 4x100m relay is Saturday... **LIVE RESULTS** are available at NCAA.com and FlashResults.com.

## NCAA CHAMPIONSHIPS ONLINE/WEBSTREAM

The NCAA Championships will be streamed live and is available, for free, at NCAA.com.

#### NCAA CHAMPIONSHIPS TELEVISION

ESPN will provide video coverage via ESPN3.com during the Thursday and Friday events, and on ESPNU Saturday.

## **ABOUT THE COUGAR COACHES**

Head coach Rick Sloan is in his 39th season with the Cougar track program;



18th year as a head coach, 17th year as mentor to the combined men's and women's program...Sloan (decathlon/heptathlon) is joined by associate coach Debra Farwell (throws), head coach for cross country Pete Julian (distance), and assistant coaches Mark Macdonald (hurdles/relays), Ellannee Richardson (sprints/relays) and Matt McGee (jumps)... volunteer coaches include Jeshua Anderson, Tim Riley and Wes McCann.

#### COUGARS NCAATRACK CHAMPIONSHIPS SCHEDULE

Wednesday, June 6 (all times converted from Central Time to Pacific Time)

12:40 p.m. Women's Javelin Trials/Final - Anna Adamko, Courtney Kirkwood Simmons

3:30 p.m. Men's Long Jump Trials/Final - Stephan Scott-Ellis

3:45 p.m. Women's 4x100m Relay Semifinal - Shaquana Logan, Cindy Robinson, Candii McFarland, Chanel James

5:00 p.m. Women's 400m Dash Semifinal - Shawna Fermin

# NCAA CHAMPIONSHIPSTICKETS

Tickets are still available and may be purchased by calling the Drake Athletics ticket office at 515-271-DOGS or going to GoDrakebulldogs.com.

## FOLLOW THE ACTION WITH SOCIAL MEDIA

Drake Athletics will provide real-time updates on its Twitter and Facebook pages leading up to and throughout the NCAA Championships...for one-stop access to results, important updates and behind-the-scenes insight check in on the live blog on GoDrakebulldogs.com.



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# USTFCCCA NATIONALTEAM RANKINGS

The United States Track & Field and Cross Country Coaches Association (USTFCCCA) national rankings are a prediction of how teams and individuals will place at the 2012 NCAA Div. I Outdoor Champion ships, June 6-9, in Des Moines, Iowa

## USTFCCCA OUTDOOR TRACK & FIELD MEN'S TOP 25 TEAMS 2012 Rankings May 29, 2012

Rank School		Total	Last	Rankir
1.	Texas A&M	284.7	76	1
2.	LSU	222.5	51	4
3.	Arizona	220.2	20	6
4.	Texas	219.5	50	5
5.	Florida State	209.9	96	7
6.	Florida	204.6	69	2
7.	Indiana	194.0	)6	3
8.	Virginia Tech	178.6	35	16
9.	USC	165.5	52	13
10.	Auburn	163.3	34	12
11.	Texas Tech	161.6	66	9
12.	Arkansas	156.3	37	8
13.	Nebraska	152.2	27	10
14.	Mississippi	146.3	39	11
15.	Oregon	122.	19	21
16.	Stanford	126.5	54	18
17.	Arizona State	121.6	31	14
18.	Penn State	115.8	31	19
19.	Ohio State	104.8	32	25
20.	Kansas	104.3	30	20
21.	Georgia	101.4	<del>1</del> 5	27
22.	Minnesota	100.7	78	26
23.	Wisconsin	99.1	17	15
24.	UCLA	95.7	73	28
25.	Oklahoma	93.6	62	22
84. Washington St.		14.4	16	73

# COUGARS ENTERED IN NCAA CHAMPIONSHIPS, JUNE 6-9: WOMEN (mark from regional prelims, ranking in national field of competitors)

400m - Shawna Fermin (52.97, 19th)

4x100m Relay (44.92, 20th) - Shaquana Logan, Cindy Robinson,

Candii McFarland, Chanel James

Javelin - Anna Adamko (48.65m/159-7, 12th),

Courtney Simmons (48.51m/159-2, 14th)

# MEN (ranking in national field of competitors)

Long Jump - Stephan Scott-Ellis (7.69m/25-2 3/4, 15th)

#### ABOUT THE COUGARS COMPETING AT NCAA CHAMPIONSHIPS

# Women's 400m Dash - Shawna Fermin (junior, Victorville, Calif.)

- 8th at NCAA West Semifinals (52.97)
- PR 52.66 runner-up at Pac-12 Championships
- mark is second-best on WSU all-time list
- 200m time of 23.92 (2012 at Mt. SAC) tied for 9th on WSU all-time list
- anchored 4x100m relay 45.02 time was fourth-best in WSU history
- anchored 4xx100m relay to 12th place at NCAA West Prelims -time of 44.92 is third-best in WSU all-time records
- will only run 400m dash at NCAA Final Championshipss
- looking for qualifying time for 2012 Trinidad & Tobago Olympic Trials



Women's 4x100m Relay (in running order) -

Shaguana Logan (junior, Tacoma, Wash.)

Cindy Robinson (junior, Norwalk, Calif.)

Candii McFarland (freshman, Las Vegas)

Chanel James (senior, Tacoma, Wash.)

- NCAA West Prelim (12th) in 44.92; third-best in WSU all-time records
- NCAA West Prelims relay had James run lead and Fermin anchor
- 6th at Pac-12 Championships (45.02)
- Logan mainly 100m hurdles (PR 59:76), also heptathlete; Robinson 100m (PRs 11.83 / 11.77w); McFarland 100m hurdles (PR 14.03); James 100m (PR 11.82 / 11.71w)





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## USTFCCCA OUTDOOR TRACK & FIELD RANKINGS WOMEN'S TOP 25 TEAMS 2012 Rankings May 29, 2012

Rank School	Total	Last Ranking
1. LSU	349.89	1
2. Kansas	276.72	2
3. Oregon	239.80	5
	232.32	6
5. Clemson	225.74	3
6. Texas	205.21	4
7. Stanford	181.28	10
8. Florida	175.25	7
9. Oklahoma	142.20	16
10. Arizona	141.65	8
11. Tennessee	137.86	9
12. Arkansas	135.96	13
13. UCF	135.89	14
14. USC	131.28	
15. Southern Illinois	117.53	18
16. Arizona State	114.91	12
17. Florida State	113.61	24
18. Georgia	99.83	20
19. Ohio State	97.45	22
20. Louisville	97.28	15
21. Illinois State	90.79	17
22. Texas Tech	85.59	11
23. Southern Miss	81.46	26
24. San Diego State	80.11	37
25. TCU	79.81	30
80. Washington State	20.42	86

## WEST REGIONAL OUTDOOR RANKINGS MAY 15, 2012 - Final Rankings

Men	Women
Rank School	Rank School
1. Oregon	1. Oregon
2. Arizona State	2. Stanford
3. Arizona	3. Arizona
4. Stanford	4. Arizona State
5. UCLA	5. USC
6. USC	<ol><li>California</li></ol>
7. California	7. Washington
8. Washington State	8. UCLA
9. Washington	<ol><li>San Diego State</li></ol>
10. Boise State	10. Sacramento State
11. Long Beach State	11. Washington State
12. UC Santa Barbara	12. UNLV
13. Idaho	13. UC Santa Barbara
14. UC Riverside	14. UC Davis
15. Cal Poly	15. Long Beach State

# Women's Javelin - Anna Adamko (freshman, Vancouver, Wash.)

- 10th at NCAA West Prelims with PR 48.65m/159-7
- mark is seventh in WSU all-time records
- second-best throw of 45.75m/150-1 at Pac-12 Championships (7th)



# Women's Javelin - Courtney Kirkwood Simmons (Othello, Wash.)

- 12th at NCAA West Prelims (48.51m/159-1)
- two-time All-American (2011-9th, 2010-11th, 2009-17th)
- season-best is 50.68m/166-3 for 2nd at Pac-12 Championships PR is 52.94m/173-8 (2011), 2nd-best mark in WSU all-time records



# Men's Long Jump - Stephan Scott-Ellis (junior, Tacoma, Wash.)

- 12th at NCAA West Prelims 7.69m/25-2 3/4w
- Pac-12 long jump champion (7.85m/25-9 1/4w)
- LJ non-wind-aided PR 7.78m/25-6 1/2 at Pac-12 Championships mark is 9th-best in WSU all-time
- TJ PR 16.05m/52-8 at Pac-12 Championships (2nd place) mark is tied for 10th-best WSU all-time
- 2012 NCAA Indoor Champs 7th triple jump (15.87m/52-1) and 13th long jump (7.75m/ 25-5 1/4)
- All-American 2012





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# 2012 MARKS RECORDED IN THE WSU T&F RECORD BOOK

# Women All-Time Marks 100m

t-10th. 11.83 Cindy Robinson

#### 200m

9th. 23.92 Shawna Fermin

#### 400m

2nd. 52.66 Shawna Fermin

## 100m Hurdles

6th. 13.76 Shaquana Logan

# 3000m Steeplechase

5th. 10:28.91 Caroline Austin

# 4x100m Relay

4th. 45.02 James, Robinson, McFarland, Fermin 7th. 45.14 Logan, Robinson, McFarland, Fermin

#### **Pole Vault**

t-6th. 3.91m/ 12-10 Kelsey Bueno 10th. 3.73m/ 12-2 3/4 Ksenija Marovic

#### **Javelin**

5th. 50.05m/164-2 Christine Kirkwood 7th. 48.65m/159-3 Anna Adamko

## **Pentathlon**

4th. 3,609 pts Shaquana Logan

# Men All-Time Marks High Jump

t-10th. 2.17m/7-1 1/2 Jovan Vukicevic

# **Pole Vault**

t-8th. 5.21m / 17-1 Jake Baertlein

# **Long Jump**

10th. 7.75m / 25-5 1/4i Stephan Scott-Ellis

# **Triple Jump**

10th. 15.98m / 52-5 1/4i Stephan Scott-Ellis

#### **Heptathlon**

2nd. 5,406 pts Michael Bolligar

#### **2012 WSU TEAM CAPTAINS**

Jake Baertlein, Portland, Ore. Courtney Kirkwood Simmons, Othello, Wash.

## **WSU RECRUITING CLASS FOR 2013:**

Emily Dwyer, a distance runner from Redmond, Wash.
Tay'lor Eubanks, a triple jumper from Everett, Wash.
Kristine Felix, a pole vaulter from Wailuku, Hawai'i
Byron Howell, a sprinter from Seattle
Jesse Jorgensen, an 800m runner from Puyallup, Wash./SCC
Dominique Keel, a sprinter from Beaverton, Ore.
Aubrey Ketcham, a high jumper from Wenatchee
Andre McBride, a springer from Hayward, Calif.
Matthew Swanson, an 800m runner from Vancouver, B.C.
Kelsie Taylor, a thrower from Naches, Wash.

Mercedes Young, a sprinter from Country Club Hills, III.

# JAKE BAERTLEIN NAMED PAC-12 MALE FIELD ATHLETE OF WEEK

Jake Baertlein, the Washington State men's track and field team senior captain, is the Pac-12 Conference Male Field Athlete of the Week for April 23-29... Baertlein, from Portland, Ore., soared to a personal-record pole vault height of 17-feet, 1 inch (5.21m) to grab the five first-place points for the Cougars at the WSU versus Washington Dual meet April 28 in Pullman...the WSU men won the dual competition, scoring 87 points to UW's 76...Baertlein's vault mark surpassed his previous PR of 16-2 by nearly one foot and is tied for eighth-best in WSU's all-time records. His 17-1 height is fifth-best this season among Pac-12 men, and tied for 43rd in the national standings.

# MEN'S T&F/XTRY PROGRAM IN CONTENTION FOR NATIONAL AWARD

The Washington State men's track and field/cross country program is currently 23rd in the United StatesTrack & Field and Cross Country Coaches Association (USTFCCCA) DI Program of the Year award standings for the 2011-12 school year...scoring is based on the team's finish at each NCAA Division I Championship in cross country, indoor track and field, and outdoor track and field (i.e. 1st = 1 point, 2nd = 2 points, 31st = 31 points) with the lowest total score for all three championships combined determining the award recipient...ties among schools split points for positions taken...WSU men's cross country team finished 21st at the 2011 NCAA Championships, and Stephan Scott-Ellis scored at the NCAA Indoor Track & Field Championships to have a team score of 56th...Indiana leads the 23 men's teams with fellow Pac-12 school Stanford second...Oregon is the women's team leader with Pac-12 members Stanford (5th), Washington (7th), Arizona (9th), California (10th), and Arizona State (19th) among the 20 women's teams in the progress report...current standings and past winners are at www.ustfccca.org/ustfcccaawards/ustfccca-program-of-the-year.

## **2012 WSU SENIOR AWARDS**

**Jake Baertlein**, a pole vaulter from Portland, Ore., is a Pac-12 Conference Postgraduate Scholarship recipient...Baertlein graduated in May with a degree in mathematics and a 3.82 GPA...Baertlein and **Cassie Whitfield**, a thrower from Spanaway, Wash., were among a dozen student-athletes recognized for the Senior Excellence in Academics Award...Whitfield graduated with a 3.63 GPA in human development.